

# Homewood Health invites you...

## FREE Webinar: COVID-19: Specialized Mental Health Support for Health Care Workers



Hosted by Katherine Sisak, MSW, RSW, RP. In this one hour webinar, participants will have an opportunity to focus on challenges and feelings which may be causing distress. We will also provide a look at beneficial psychological supports, and reinforce adaptive coping strategies to protect their mental health throughout and beyond COVID-19.

Please join us for this special event.



**Host:** Katherine Sisak, MSW, RSW, RP

### Session 1:



**Date:** Tuesday, November 24<sup>th</sup>, 2020

**Time:** 7:00 - 8:00pm (EST)

**Register at:** [Homewoodhealth.com/healthcareworker-webinar1](https://homewoodhealth.com/healthcareworker-webinar1)

### Session 2:



**Date:** Tuesday, November 24<sup>th</sup>, 2020

**Time:** 7:00 - 8:00pm (PST)

**Register at:** [Homewoodhealth.com/healthcareworker-webinar2](https://homewoodhealth.com/healthcareworker-webinar2)

### Session 3:



**Date:** Tuesday, December 1<sup>st</sup>, 2020

**Time:** 7:00 - 8:00pm (EST)

**Register at:** [Homewoodhealth.com/healthcareworker-webinar3](https://homewoodhealth.com/healthcareworker-webinar3)

### Session 4:



**Date:** Tuesday, December 1<sup>st</sup>, 2020

**Time:** 7:00 - 8:00pm (PST)

**Register at:** [Homewoodhealth.com/healthcareworker-webinar4](https://homewoodhealth.com/healthcareworker-webinar4)



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